

Mustangs Sports Academy Application

General Overview

Vision

Immaculata: a family that fosters excellence

Objective

To build stronger, more competitive athletes through discipline, skill development, and training.

Requirements:

- The academy is open to all students in grades 8-12.
 - Preference will be given to current Immaculata students
- Maximum 24 students per term.
- Courses fees:
 - Immaculata students: \$150/term or \$285 for two or more terms
 - Non-Immaculata students: \$500/term or \$750 for two or more terms
- Preference will be given to applicants who are motivated and involved in any of the Mustangs athletic programmes.

General Information:

- The academy is co-ed.
- Academy fees are not eligible for financial assistance and once accepted into the programme non-refundable.
- Applications will be evaluated by the academy committee.
- Payment is required at time of application.
- Dedication to academy (attendance) is important. Absences will: impact future academy enrollment for the same year, enrollment in future years, and the ability to earn credits for the course.
- The academy terms of **basketball and volleyball** will be held Tuesday and Thursday mornings between 7:00 AM and 8:30 AM. The academy for basketball and volleyball will be held in the IRHS gym unless otherwise specified.
- The morning sessions for the **soccer academy** will be held at the CNC unless otherwise specified. All morning sessions will begin at 7:00 AM sharp, please arrive 10 minutes early to get changed and on the turf for the 7:00 AM start. Transportation back to IRHS will be provided to athletes.
- The **soccer academy** will have a one hour classroom session on Wednesdays between 3:15 PM and 4:15 PM. The classroom session will be held in room 2 at IRHS.
- All academy participants will receive an academy shirt. The academy shirt or Immac PHE shirt and Immac PHE shorts are required for each class (these items are included in either the academy fee or in school fees).
- Applications accepted until the term is full.

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How many academies would you be interested in? _____

Please indicate the academies you are interested in:

Term 1	Term 2	Term 3	Term 4
Basketball	Soccer	Volleyball	Basketball 2
_____	_____	_____	_____

Please rank your skill level (5 strong, 1 needs development):

5 4 3 2 1

Why are you interested in the Mustangs Sports Academy?

What do you currently do to maintain your fitness level?

Please list your sports achievement history (community and school sports teams, training camps, accomplishments, awards).

Commitment to Mustangs athletics is important. Please list Mustang teams you plan to play on during the upcoming year.

How many Mustangs athletic teams have you played on? _____

Shirt size: ___S ___M ___L ___XL

Athlete's Name: _____

Phone: _____

Age: _____

Grade (for upcoming year): _____

Sex: ___M ___F

FOR OFFICE USE

Date received:

Payments received: