



MUSTANG MAG



CATHOLIC CORNER
Sacred Heart
Sunday Readings

IMMAC WEAR!

Looking great on uniform day girls!
Remember Mondays are still our
day to show off our school pride
by wearing our uniform!

FAMILY REFERRAL PROGRAM

it's never too early!
TO SHARE THE GOOD NEWS

Refer a friend

When you do great things, word gets out...and people want to talk about it!

Have you heard about Immac?

Get free tuition!

We know you already talk to your friends about the great things that happen at

Immaculata. We want to say thank you.
The **Immaculata/SJK Tuition Referral Program** is a way to thank those who speak highly of and who refer families to Immaculata Regional High School. If members of the Immac and St. Joseph community refer a new family to either school, the referring family receives one month of free tuition. Know someone interested in joining a family that fosters excellence? Talk to them! Or, if you prefer, Immac can reach out to the family directly. Please take a moment to consider potential new members to the Immac and St. Joseph Elementary family.

TUITION: THE REAL COST



NEED VOLUNTEER HOURS?

A reminder: Immaculata students will all be required to complete 30 service hours this year. In the current situation, we recognize those hours are a little harder to come by. We have contacted the churches to see if they have work for our students and also to offer Immaculata volunteer services to the parishioners. Please stay tuned to the Mustang Mag for volunteer opportunities. In the meantime, students could be helping with fall yard clean ups for neighbours.

Some other ideas we came up with in Careers today:

- In the school: field clean-up, cleaning up classrooms, washing pinnies from the gym, cleaning the equipment room, student council
- In the church: altar serving, reading
- In the community: helping at St. Joe's or Lourdes (not sure if this one's allowed), helping neighbours (clean up leaves, shovel snow, walk dogs), volunteering at organizations such as SPCA.

GRADE 8 TIP OF THE WEEK...



TIME TO GET ORGANIZED

No more elementary school agendas in high school! Have you decided how to keep track of your assignments and homework? This is the perfect time to figure out your system to stay organized – while we're still early in the term. The Dollar Store sells student agendas if you like to write things down. Or, use your phone calendar to set your due dates and reminders. Staying organized is the first step to success! If you need help, talk to your homeroom teacher for ideas. Good luck!

USED UNIFORMS GROUP

Immac now has a used uniform sale and swap group. Check them out on Facebook at <https://www.facebook.com/groups/243852590318364/>

Please note this is a parent directed group and is not managed by the school. It is however, a great opportunity to get some deals and foster community.



ATHLETICS UPDATES:



Beginning the week of September 21 we will see the start of two more extra-curricular opportunities for our students. The Jr. and Sr. Boys Volleyball players will begin training on Monday, September 21 and will train this week from 3:30-5:00. The Fall Golf Club will also begin this week as students will meet at Gallagher's Canyon Golf Club on Thursdays for a 4-week session. For information on either program please contact Mr. Freire at

pfreire@cisnd.ca.

BC School Sports Update

As of Friday, September 18, BC School Sports remains in a waiting pattern to see if the fall sports season will begin with inter-school competition. Currently schools are not permitted to play against other schools, and students can only practice within their learning groups.

Here at Immaculata we are in a unique position as we have few learning groups and so we can host more practices. This week we will have Girls and Boys Volleyball as well as our fall golf club starting. For information on any of the clubs, teams, or the situation of fall sports please contact Mr. Freire.

We are still in preparation for basketball season. Basketball typically begins in November at various times depending on when volleyball ends. This season being unique we are unsure of when basketball might begin or what a basketball season might look like. Would the volleyball season be extended? We don't know. Would basketball season be moved to the new year? We don't know. Would it be possible to play some of the fall sports in the spring? We don't know. As of today we continue to wait for guidance from BC School Sports in a rapidly fluctuating environment. We should hear more news "mid-fall," so for now we await the next stages of school sport. For the time being we will continue to run practices, work on skill development, and await news from BC School Sports.

Just a reminder that parents are not allowed at training sessions at this time.

Service Hours are still available from the PE Department. If your child is interested in helping out in the PE Department have them come see Mr. Freire or Mr. Boechler for more information.

Paul Freire

Athletic Director

TEXTBOOK NOTICES

Dear parents,
Your students were given their textbooks last week on the first day of school. They were asked to check the barcodes on the book against a receipt from the catalog with their database information. They were then asked to put their names in the books. These textbooks are for them to use for the remainder of the semester/year. We ask that at this time you check in with your child, to ensure that all their books are accounted for and marked as theirs. Next week we will send out an email with the current textbooks your student has signed out to their name. It may be a good idea to check in with them occasionally throughout the term, to make sure they still know where their books are.

Thank you kindly,
Mrs. Uhrich

IMMACULATA REGIONAL HIGH SCHOOL

CONGRATULATIONS YOU GOT BOOKS!



YOU GOT HUNDREDS

We've entrusted you with hundreds of dollars. We think you are mature enough to handle this. The books you've received are worth anywhere from \$10-\$150, so we want to make sure they don't go missing.

YOU ALONE ARE RESPONSIBLE

Know that you are responsible for each book that was scanned out under your name. Make sure you never switch books with a buddy! If it doesn't make it back to the LC, it will be charged to you.



WHAT TO DO FIRST

After you've received your books, immediately compare the barcode on the print receipt with the barcode on the book you got. Report any discrepancies to Mrs. Uhrich immediately.

NEXT

Once you've confirmed the number of books you have, and that the barcodes match, print your name, grade, and current year, inside the cover of your textbook.

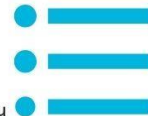


WHEN TO SEE MRS. UHRICH

- There should be a stamp inside the cover; if there isn't one, see Mrs. Uhrich to get one.
- If there is anything wrong with your book...ie: it's falling apart.

TIPS FOR SUCCESS

- Do not return your textbooks to your teachers, all books must be returned to the library.
- Do not return books for other students.
- Avoid checking out multiple copies of the same book, it is too easy to forget you have more than one copy to return.
- After group work, double-check that you have picked up your own book.



YOU CAN DO THIS!

MUSTANG QUARTERS LEARNING COMMONS

2020/2021

LANDS' END SALE

[Up to 50% off your order + free shipping over \\$75. | Web Version](#)



[WOMEN](#) [MEN](#) [KIDS](#) [HOME](#)

FRIENDS & FAMILY

Up to 50% off your order

+ free shipping over \$75

online & in stores

[WOMEN](#) [MEN](#) [GIRLS](#) [BOYS](#) [HOME](#) [OUTERWEAR](#)

Take advantage of the sales from Lands' End. Small piece of advise: don't be afraid to place your order over the phone, they have amazing customer service and they will make sure they apply all the discounts if they are not working on the website. If you are confused about the styles, feel free to contact Mrs. Uhrich and she'll help where she can.

ACHIEVEMENTS

LE FRANÇAIS 10



Students in Mme. Perez-Lefevre's French 10 class were encouraged to build the tallest tower while communicating in French only!



Apparently competition is a great incentive for communication!

NAIL ART 11/12

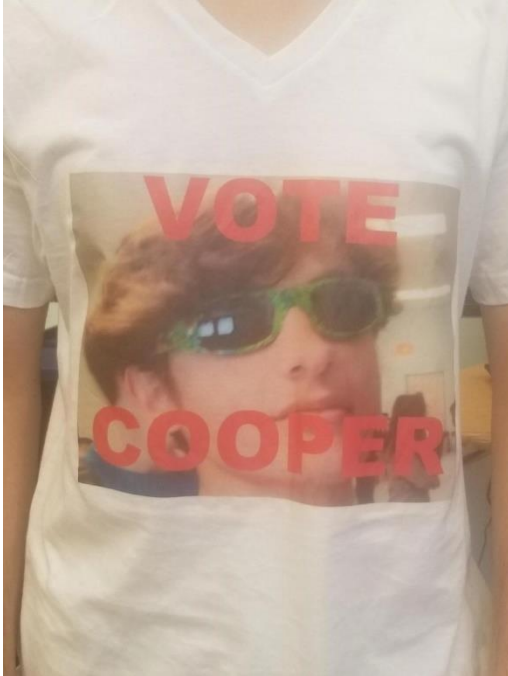


Sometimes stuck or in tangles, the key to this is persevering, and the end result is beautiful!

LEADERSHIP

THE RACE IS ON...

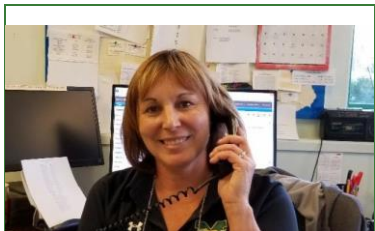
Our candidates for the 20/21 IRHS Student Presidential race couldn't be more different, but they each bring something unique to the table. Who will emerge victorious? Stay tuned...



Cooper Clarkson, 12B



Renatta Waller, 12A



Please **CALL** the office at **250-762-2730** and leave a recorded message for Mrs. Despina if your child will be absent or late. **It is very**

WE GIVE THANKS
AND PRAISE
Every day is a blessing

- In thanksgiving for a great second week!
- May God be with those affected by the fires in the US.

CALENDAR ITEMS:

UNIFORM DAY AND HEALTH CHECK FORMS
MONDAY SEP 21

important that every student is accounted for when marked away and Mrs. Despina will be calling if she has not heard from you.

[FULL CALENDAR CLICK HERE](#)

