



EST. 1938  
**ST. JOSEPH**  
CATHOLIC SCHOOL  
LOVE · RESPECT

# ST. JOE'S NEWS

March 15, 2019



## School Office

The school office will be closed for the next two weeks.  
Have a great Spring Break!  
See you April 1st!!!

## Cards For Kids

Over the break, Cards for Kids will be sold at St. Charles Garnier the weekend of March 30 and 31. If you have any questions please contact [cardsforkids@cisnd.ca](mailto:cardsforkids@cisnd.ca)

## Important Dates to Remember

**March 8th to 15th: Hot Lunch  
Online Ordering**

**April 1st: Back to School**

**April 10th to 12th: Book Fair**

# Upcoming Volunteer Opportunities



## Book Fair

**April 10th - 12th**

Volunteers needed for set-up (April 8th at 9am), helping students (April 9th -12th at lunch and after school), clean-up (April 15th morning).

Contact Pamela at [sjklibrary@cisnd.ca](mailto:sjklibrary@cisnd.ca)

## Gala Dinner Dance

**May 11th**

Volunteers needed for before, during, and after the event.  
Please contact Christine Perkio ([cperkio@gmail.com](mailto:cperkio@gmail.com)) or Mary De Souza ([desouzas@shaw.ca](mailto:desouzas@shaw.ca))

Check out our sign up page here - [volunteersignup.org/9HLHB](http://volunteersignup.org/9HLHB)



# St. Joe's PSG News

## Online Ordering Closes Today



Healthy Choices for Happy Students!

**SPRING 2019**  
**April 1 - June 25**

Sponsored by your St. Joseph PSG

**COLTS CAFE** is available for all students, staff and volunteers at St. Joseph School. With our online ordering system, parents can customize healthy meal options for weeks in advance.

The system will be open for ordering **BEFORE SPRING BREAK ONLY** from March 8th to 15th.

**ORDER DEADLINE: FRIDAY, MARCH 15TH**

After this date the system will be closed and **late orders can not be accepted.**

**Still available 4  
days per week!**

**We need your help!**

**This program depends on our  
volunteers!**

Please consider offering a half hour of your time even once or twice next semester to help deliver lunches to the classrooms. Check off the days you can help when placing your order.

If you have any problems inputting your order, contact Chantal Staerkle at: [info@bestbalancedlife.com](mailto:info@bestbalancedlife.com).

### HOW TO PLACE YOUR ORDER:

- ◆ Go to **[www.stjoseph.hotlunches.net](http://www.stjoseph.hotlunches.net)**
- ◆ Select **REGISTER** on the top menu bar.  
Create a family account by using the **SCHOOL ACCESS CODE: SJCC**.  
Add members to your family under the **STUDENT** tab.
- ◆ Select the **STUDENT ORDERS** tab.
- ◆ Click on **ORDER FORM** and place your order for each child separately.
- ◆ Choose the dates you would like to participate by reviewing the menu. Colts Cafe lunches are available Monday through Thursday.
- ◆ Pay online (using your credit card through PayPal) or by e-transfer to [stjoespsg@gmail.com](mailto:stjoespsg@gmail.com). Password is 123school.

# St. Joe's PSG News

## Gala News

The PSG is excited to announce that this year's Gala will be catered by our very own Puno Family with dessert by Deli City. This is going to be a wonderful St. Joseph community building event with great food, cocktails, live auction and dancing!

Tickets on sale Tuesday April 2nd and early bird pricing will be available through April 12th.

Early Bird Price \$45, after April 12th \$50.

## Volunteers Wanted!

Numerous volunteer positions available. Are you planning on attending the event and want to be apart of the action? Or maybe attending the Gala isn't your thing but you would still like to help behind the scenes?

Check out our sign up page here - [volunteersignup.org/9HLHB](http://volunteersignup.org/9HLHB)

A vertical poster for the St. Joseph PSG Gala Dinner & Dance. The background is dark with a subtle pattern of light-colored, rounded shapes. The text is primarily in a gold color. At the top, it says 'ST. JOSEPH PSG PRESENTS' in a small, sans-serif font. Below that, 'Gala' is written in a large, elegant, cursive script. Underneath 'Gala', 'DINNER & DANCE' is written in a bold, sans-serif font, followed by 'at ICC Hall' in a smaller, italicized sans-serif font. The date 'Saturday, May 11th' is prominently displayed in a large, bold, sans-serif font. Below the date, '6pm - Midnight' and 'Cocktail Attire' are written in a bold, sans-serif font. A horizontal line separates this section from the next. Below the line, 'EARLY BIRD PRICING AVAILABLE FROM APRIL 2nd to APRIL 12th' is written in a bold, sans-serif font. Another horizontal line follows. Below the second line, the pricing is listed: '\$50 per person' and 'earlybird \$45 per person' in a bold, sans-serif font, followed by 'buy 8 tickets & receive a reserved table' in a bold, sans-serif font. Below this, 'TICKETS AVAILABLE AT THE ST. JOSEPH OFFICE' is written in a small, sans-serif font. A final horizontal line is at the bottom. Below the third line, 'Live Auction' and 'Cash Bar' are written in a bold, sans-serif font, followed by '50/50 & more' in a bold, sans-serif font.

ST. JOSEPH PSG  
PRESENTS

*Gala*  
DINNER & DANCE  
*at ICC Hall*

**Saturday, May 11th**  
**6pm - Midnight**  
**Cocktail Attire**

EARLY BIRD PRICING AVAILABLE  
FROM APRIL 2nd to APRIL 12th

**\$50 per person      earlybird \$45 per person**  
**buy 8 tickets & receive a reserved table**

TICKETS AVAILABLE AT THE ST. JOSEPH OFFICE

**Live Auction ☺ Cash Bar ☺ 50/50 & more**



# Other Catholic School News

## Immaculata is Looking for Homestay Families for 2019-2020



Immaculata Regional High School is taking applications for new homestay families for their next group of international students, arriving in September 2019. Homestay families provide a welcoming, loving home environment for our students while offering a furnished bedroom of their own, transportation to and from school either via car or city bus, and three meals and snacks each day. Homestay families are paid \$925 each month. For more details, please contact Shelley Brodeur at [irhs.ahc@cisnd.ca](mailto:irhs.ahc@cisnd.ca) or 250-300-3028.



## Family Catechesis

Please find attached with this newsletter the next two weekly communications from the Office of Faith Formation.

# Other Catholic School News

## What happened to the Alleluia?

You'll notice during Lenten masses you won't hear the Alleluia or the Gloria. Some parishes and Catholic schools even hold a special ceremony to "bury" the Alleluia until Easter Vigil.

### Why do we do that?

Lent is a time of penance and preparation, when our focus is on the **coming** of Christ, both in Easter and when Jesus comes again in glory (second coming).

The **Alleluia** and **Gloria** are times in the Mass when we join with all the choirs of angels in joyful celebration. We offer these up at Lent **in anticipation** of their return at Easter. A great moment of joy in the liturgy is at **Easter Vigil Mass**, when all the lights in a darkened church are suddenly illuminated at the singing of the Gloria (a must-see if you've never stayed up that late!)

## Gospel of Luke



Jesus took with him Peter and John and James, and went up on the mountain to pray. And while he was praying, the appearance of his face changed, and his clothes became dazzling white.

Suddenly they saw two men, Moses and Elijah, talking to Jesus. They appeared in glory and were speaking of his exodus, which he was about to accomplish at Jerusalem.

Now Peter and his companions were weighed down with sleep; but since they had stayed awake, they saw his glory and the two men who stood with him.

Just as they were leaving him, Peter said to Jesus, "Master, it is good for us to be here; let us make three dwellings, one for you, one for Moses, and one for Elijah," but Peter did not know what he said.

While he was saying this, a cloud came and overshadowed them; and they were terrified as they entered the cloud. Then from the cloud came a voice that said, "This is my Son, my Chosen; listen to him!" When the voice had spoken, Jesus was found alone.

And the disciples kept silent and in those days told no one any of the things they had seen.

## Signs, symbols and gestures which remind us Jesus is really present to us ...

When the red sanctuary lamp next to the tabernacle is lit, Jesus is present in the tabernacle in his Body.

*Note, when we enter the church and genuflect, we are kneeling to Jesus in the tabernacle, just like the knights of old to their king. Attention is directed to the altar only after Mass has started.*



When you hear bells, that's a reminder something important is happening!

The bow we make just before we receive the Body of Christ in Communion isn't a greeting for the priest or Eucharistic minister. Our bow is a reminder for us that we are approaching royalty, the majesty of Jesus Christ our King!

Of course there are many other signs of Jesus in the church and the Mass.

So, you followed your teacher on a

## What is Jesus telling me?

hike, and you were all tired so you settled down to rest. Your teacher is praying, and starts to glow with a dazzling light, really glow, and then suddenly he's talking to two really famous dead people about this amazing thing he's about to do in Jerusalem, like saving the entire world, past, present and future. A massive cloud rolls in and you hear God's thunderous voice straight from heaven saying, **"This is my Chosen, my Son. Listen to him!"**

Jesus became man to redeem us of our sins, and also because we needed him to be one of us, so we could approach him, learn from him, and be healed. Sometimes we focus so much on the Son of Man, we forget the divinity and majesty of Jesus, Son of God.

When we approach Jesus in the Eucharist at Mass, we see bread and wine, but if we saw Jesus in all his glory would we dare approach him?

**When I enter the church, am I aware that Jesus is present, waiting for me, in the tabernacle?**

**Do I sometimes forget I am receiving the Son of God himself when I approach the altar?**



# Other Catholic School News

## Did you know?

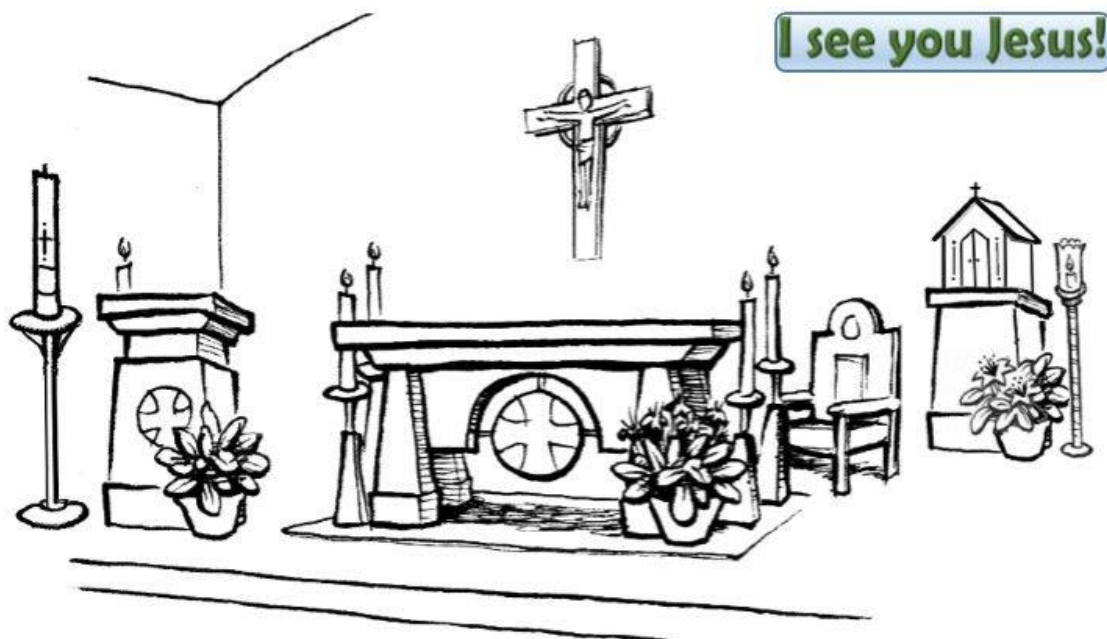
Lord, I am not worthy ... but only say the word and my soul shall be healed.

In the not-too-distant past, Catholics would faithfully attend Mass, but not receive Communion.

Why? Different reasons through the ages, including various heresies which bred fear in the unworthy to approach the "awesome table of the Lord," extreme requirements for penance and preparation in the medieval period, and a 12<sup>th</sup> century focus on Eucharistic adoration where, for many, gazing on the Eucharist took the place of receiving.

It got so bad that the First Lateran Council of Bishops in 1123 made it mandatory for Catholics to receive Communion at least once a year. This was followed by exhortations and decrees from several popes and Councils. Now we understand, Jesus commanded us to "Take and eat" (Matthew 26:26). We are worthy, because Jesus has made us worthy. Through Communion, we receive forgiveness and healing, the strength to avoid sin, and unity with God and his Church.

Spend 4 1/2 minutes. Check out [Sacraments 101 – How to Receive the Eucharist](http://www.nelsondiocese.org) at [www.nelsondiocese.org](http://www.nelsondiocese.org) in the Videos section of the Faith Formation web page.



**I see you Jesus!**

1. **Colour the sanctuary lamp RED to show Jesus is in the tabernacle.**

Where is the tabernacle in your church?

(Hint: It's usually behind the altar, in the center or off to the side. Look for the lamp!)

2. **Draw a FLAME on top of the Paschal candle to show Jesus is the Light of the World.**

The Paschal candle is used at Easter and the Rite of Baptism. You received the light of Jesus at your baptism!

(Hint: The Paschal candle will be shorter now, but a new tall candle will be part of the Easter Vigil Mass!)

3. **Draw the BREAD and WINE on the altar.**

The bread and wine will become Jesus during the Mass.

# Other Catholic School News

It is the third Sunday of Lent, and while this Sunday's Gospel is encouraging us to be fruitful, let's consider also the following day's solemnity,

## The Annunciation of the Lord!

Gabriel comes to tell Mary that she, a young virgin, will bear a child of the Holy Spirit who will be the Son of God. *How would you respond?*

Mary was troubled, but answered, "*Behold, I am the handmaid of the Lord. May it be done to me according to your word.*"



The fruit of Mary's 'yes' was the birth of our Saviour, Jesus Christ.

*If I actually had to expect a message from the worst fiends of an inferno, there is nothing I should expect so much as the message that everything is bright and breezy, happy and comfortable, and that there is no peril on the path of man.* (G.K. Chesterton)

Often we pray for things which will make us comfortable – health, wealth, friends, security. Sometimes when we experience pain in one of these areas, we are tempted to shake our fists at God and ask, "Why me?"

Comfort can lead to apathy, as Jesus is trying to explain to his crowds. "Repent!" he says instead. Change direction! Look beyond what you have, to see what you have not.

**The fig tree has all it needs but still does not bear fruit? How does the discomfort of Lent help us?**

Jesus was teaching the crowds; some of those

**Luke 13:1-9**

present told Jesus about the Galileans whose blood Pilate had mingled with their sacrifices.

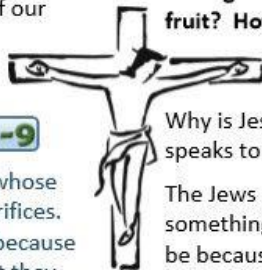
Jesus asked them, "Do you think that because these Galileans suffered in this way that they were worse sinners than all other Galileans? No, I tell you; but unless you repent, you will all perish as they did. Or those eighteen who were killed when the tower of Siloam fell on them – do you think that they were worse offenders than all the others living in Jerusalem? No, I tell you; but unless you repent, you will all perish just as they did."



Then Jesus told this parable: "A man had a fig tree planted in his vineyard; and he came looking for fruit on it and found none. So he said to the gardener, 'See here! For three years I have come

looking for fruit on this fig tree, and still I find none. Cut it down! Why should it be wasting the soil?"

"The gardener replied, 'Sir, let it alone for one more year, until I dig around it and put manure on it. If it bears fruit next year, well and good; but if not, you can cut it down.'"



Why is Jesus referring to these disasters as he speaks to the crowds?

The Jews believed "bad luck" was the result of sin. If something terrible happened to someone, it might be because they had angered God.

## What is Jesus telling me?

But Jesus tells them this is not true. Everyone sins, and everyone needs to repent. Nobody knows for certain when our time will end, and Jesus urges us not to wait. Everyone has a choice to make now – Repent!

Lent is our opportunity to kick-start a spiritual life which might not be bearing fruit right now. It is an invitation to look at what we have been given, and how we have, or have not, been using those gifts for God and for others as he commanded us to do.

**What good things have I received - talents, opportunities, material goods, salvation! Be specific.**

**Have these gifts been used well or wasted?**

**If I am the fig tree in this story, what has God provided to help me grow strong in my faith?**



# Other Catholic School News

## From the Compendium of the Catechism of the Catholic Church

100. In what way is the spiritual motherhood of Mary universal?

Mary had only one Son, Jesus, but in him her spiritual motherhood extends to all whom he came to save. Obediently standing at the side of the new Adam, Jesus Christ, the Virgin is the *new Eve*, the true mother of all the living, who with a mother's love cooperates in their birth and their formation in the order of grace... (CCC 501-507, 511)

Having trouble with your Lenten fast? Try asking Mary to pray for you, for the gifts of obedience, courage, devotion and perseverance, so that your life will bear fruit as hers did, bringing Jesus into the world.



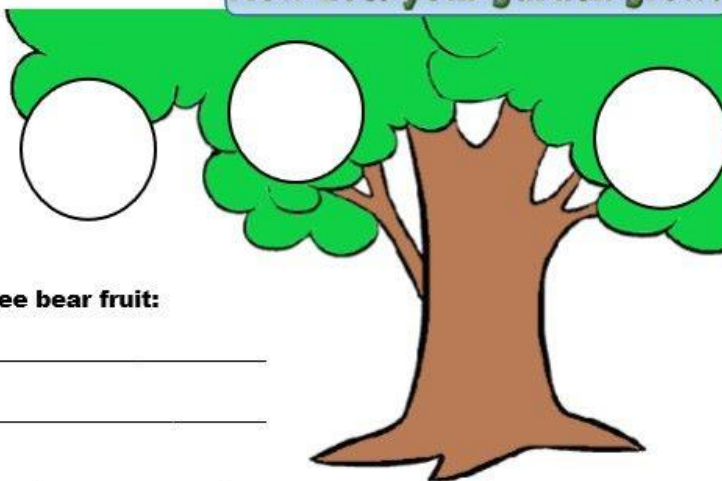
*When you see "CCC" this refers to a numbered paragraph in the "Catechism of the Catholic Church", an easy-to-read reference about our Catholic faith. This is a handy book to have at home, and can also be found for free online at the Vatican's website [www.vatican.va](http://www.vatican.va).*

**Spend 3 minutes.** Try pulling out your Bible (really hope you have one!) **Read Isaiah 58:6-12.** That's the book of Isaiah, Chapter 58, verses 6 to 12. You can find Isaiah in the Old Testament. Isaiah had a lot to say about the kind of fast which pleases God, and the blessings it brings to us.

Here are the 12 fruits of the Holy Spirit. Place 3 of the fruits on your tree. What are you doing over Lent to encourage this fruit to grow?

Charity	Generosity
Joy	Gentleness
Peace	Faithfulness
Patience	Modesty
Kindness	Self-Control
Goodness	Chastity

### How does your garden grow?



**Things I can do to help my tree bear fruit:**

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

Then the LORD will guide you always and satisfy your thirst in parched places, will give strength to your bones, and you shall be like a watered garden, like a flowing spring whose water never fails.

(Isaiah 58:11)

# Community News

## SD#23 Junior Chess Tournament



**Okanagan Mission Secondary**  
**Saturday April 6th**  
**9:00 to 1:00**

**Great  
Trophies**

**\***

**Great  
Friends**

**\***

**Great  
Competition**

**\***

**Plenty of  
Fun**

*Open to District 23 and independent school students grades 1 to 12.*



**Please pre-register: name & grade to Chris Laurie at Chief Tomat Elementary**  
**[chris.laurie@sd23.bc.ca](mailto:chris.laurie@sd23.bc.ca) or 250-870-5127 Some grades may be combined.**  
**\$10 at the door, includes, prizes, lunch, and tournament fees.**



## Don't Forget

You can always find school information on our

[Website](#),

[Facebook](#)

[Twitter](#) and

[Instagram](#)

Other links

[Dads' group](#)

[PSG Meeting Minutes](#)

[Rooted in Faith](#)

### **St. Joseph Catholic Elementary School**

839 Sutherland Avenue  
Kelowna, BC V1Y 5X4

(250) 763-3371

[sjkoffice@cisnd.ca](mailto:sjkoffice@cisnd.ca)

Office hours

M-F 8:30-3:30

Our mission is to foster the development of the total child in spirit, mind and body.

Through Jesus, we encourage the pursuit of excellence in a community of love and respect.