

# ST. JOE'S NEWS

September 18, 2020

## Daily Health Check Update

From the COVID-19 Public Health Guidance for K-12 School Settings  
UPDATED: September 11, 2020

**This is a reminder that it is the parents' responsibility to screen their children daily for any symptoms of cold, flu, or other symptoms that may be associated with COVID-19.**

A daily health check is a tool to reduce the likelihood of a person with COVID-19 coming to school when they are infectious.

Symptoms of COVID-19 can be mild and are similar to other respiratory infections. Most people in BC with these symptoms do not have COVID-19.

- School administrators should ensure parents, caregivers, school staff and other adults routinely entering the school are aware of their responsibility to assess themselves daily for key symptoms of illness prior to entering the school. (ie. perform a daily health check). See **Appendix C** for more information.
- Parents and caregivers should assess their child daily for key symptoms of illness before sending them to school (i.e. perform a daily health check for their child). See **Appendix C** for more information.
- Staff and other adults should assess themselves daily for key symptoms of illness prior to entering the school (i.e. perform a daily health check). See **Appendix C** for more information.
- There is no need for schools to verify that the health check has occurred every day, nor to require that parents submit a daily health check form to the school.

**Appendix C is on the following page.**



# School News

## Appendix C: Daily Health Check Example

The following is an example of a daily health check to determine if you should attend school that day.

Daily Health Check			
1. Key Symptoms of Illness*	Do you have any of the following new key symptoms?	CIRCLE ONE	
	Fever	YES	NO
	Chills	YES	NO
	Cough or worsening of chronic cough	YES	NO
	Shortness of breath	YES	NO
	Loss of sense of smell or taste	YES	NO
	Diarrhea	YES	NO
	Nausea and vomiting	YES	NO
2. International Travel	Have you returned from travel outside Canada in the last 14 days?	YES	NO
3. Confirmed Contact	Are you a confirmed contact of a person confirmed to have COVID-19?	YES	NO

If you answered "YES" to one of the questions included under 'Key Symptoms of Illness' (excluding fever), you should stay home for 24 hours from when the symptom started. If the symptom improves, you may return to school when you feel well enough. If the symptom persists or worsens, seek a health assessment.

If you answered "YES" to two or more of the questions included under 'Symptoms of Illness' or you have a fever, seek a health assessment. A health assessment includes calling 8-1-1, or a primary care provider like a physician or nurse practitioner. If a health assessment is required, you should not return to school until COVID-19 has been excluded and your symptoms have improved.

When a COVID-19 test is recommended by the health assessment:

- If the COVID-19 test is positive, you should stay home until you are told by public health to end self-isolation. In most cases this is 10 days after the onset of symptoms. Public health will contact everyone with a positive test.
- If the COVID-19 test is negative, you can return to school once symptoms have improved and you feel well enough. Symptoms of common respiratory illnesses can persist for a week or more. Re-testing is not needed unless you develop a new illness.
- If a COVID-19 test is recommended but is not done because you choose not to have the test, or you do not seek a health assessment when recommended, and your symptoms are not related to a previously diagnosed health condition, you should stay home from school until 10 days after the onset of symptoms, and then you may return if you are feeling well enough.

If a COVID-19 test is not recommended by the health assessment, you can return to school when symptoms improve and you feel well enough. Testing may not be recommended if the assessment determines that the symptoms are due to another cause (i.e. not COVID-19).

If you answered "YES" to questions 2 or 3, use the [COVID-19 Self-Assessment Tool](#) to determine if you should seek testing for COVID-19.

A health-care provider note (i.e. a doctor's note) should not be required to confirm the health status of any individual.



Ministry of Health



BC Centre for Disease Control

If you have fever, a new cough, or are having difficulty breathing, call 8-1-1.



# School News

## Drop-off

- St. Joseph School is no longer required to ask parents daily if they have performed a daily health check on their children; this is the parents' responsibility.
- we will continue to send our reminders to parents about the above protocol
- if you arrive early, please park and wait with your child in your vehicle until 8:15/8:30 am depending on your designated time
- at 8:15/8:30 am your children may exit the vehicle and go directly to their classrooms; please make sure to walk them to the crosswalk
- please remind your children to go through their designated Learning Group entrance door

*Following these instructions ensures that Learning Groups are kept separate.  
Thank you for your cooperation.*

## Pick-up

Please be patient as we work out our pick-up procedures. We are continuously making adjustments and changes so pick-up can be as easy as possible.

Here are some ways to help...

- please park in our parking lot if you arrive early or if there is room available
- car-pool pick-up (email the teacher and office asap please)
- park on a side street and walk to the cross-walk (hold up your name plate and we will call your child)
- walk or ride your bikes to pick up your children
- place your name plate on the side passenger window so it is easily visible to staff (we cannot see name plates when they are placed on the dashboard)
- remind your children to listen for their last name and watch for their vehicle

*The above suggestions has drastically improved our pick time and has prevented Sutherland Ave from becoming jammed. Your cooperation is greatly appreciated!*

# School News

## Student Attendance

Classes start at 8:15/8:30am. As many plans for the day are discussed at the start of the day it is important that your child is here to listen to them. Academic subjects also take up an early part of the morning. If for any reason you have to bring your child late to school after 8:45am you need to bring them in to the front office to sign them in. The doors will be locked after 8:45am.

If your child has an appointment during school hours please message the teacher via agenda or email AND email the office ([sjkoffice@cisnd.ca](mailto:sjkoffice@cisnd.ca)) to let them know in advance when you will be collecting them. When you arrive at the school please call the office to let them know that you are here to pick up your child.

If your child is absent email the office and cc the classroom teacher.

It is very important that we have knowledge of where students are and have an accurate attendance of the school population.

Changes to pickup must be emailed to the office and teacher prior to 12:00pm or preferred earlier.

## School Photos

School photos will be postponed until further notice.

## Bus Driver needed

Can you drive a bus?

Do you have a class 2 or 4 driver's licence?

Do you like to make children smile?

If so, St. Joseph School Outdoor Academy  
NEEDS you!

Please email St. Joseph School at [sjkoffice@cisnd.ca](mailto:sjkoffice@cisnd.ca)



# School News

## Terry Fox Run

MARK YOUR CALENDARS!

FRIDAY SEPTEMBER 25<sup>th</sup> is our school TERRY FOX RUN

Celebrating the 40<sup>th</sup> anniversary of Terry's run!

We are in need of volunteers for two different shifts:

Morning (9:30am-12:00)

Afternoon (12:00pm-2:30)

Please email Kate Hopley at [khopley@cisnd.ca](mailto:khopley@cisnd.ca)

Stay tuned for further details next week!

This year we would prefer if donations were made online. You can find our school by using this link

<https://terryfox.org/schoolrun/> and enter the School Name: St. Joseph Elementary

Or click on this photo and it will take you directly to our donation page.  
Thank you.



# St. Joe's PSG News

## What is the Parent Support Group (PSG)?

The PSG is an open and social group made up of a volunteer executive, staff advisors, and **YOU** - the parents. Meetings are held just once per month.

### Our next meeting is

Monday, September 21st at 5:30pm - please meet at the courtyard fence along the alley.

All parents welcome. We look forward to seeing you!

If you are interested in being involved and would like to learn more please contact the PSG president, Dawn Thalheimer (email: [dawnthalheimer@shaw.ca](mailto:dawnthalheimer@shaw.ca)). Many hands make light work!



### Hot Lunch

Coming soon!!



# Community News

'intheknow'

## Information and Support

For families and caring adults who  
are parenting a child or youth with  
mental health challenges.

**IN THE KNOW PROVIDES EXPERT SPEAKERS ON TOPICS IMPORTANT TO FAMILIES.  
CONNECT AND LEARN WITH OTHER FAMILIES FOR AN ONLINE DISCUSSION - JOIN BY  
COMPUTER OR PHONE.**

### Parenting when Anxiety Shows Up as Anger

Join us as we answer questions families have asked about the relationship between anger and anxiety. We'll share experiences and strategies that can help in hard moments and focus on strengthening our relationship with our children and youth when those have passed.

Registration Required:

<https://attendeegotowebinar.com/register/6853319057342496781>

Communities: Kelowna, Penticton and Vernon

Cost: Free of Charge

Date: Wednesday, September 30, 2020

Time: 7pm – 8:30pm

Connect and learn with other families for this online discussion. We will watch the video and talk about it together. Discussion facilitated by FamilySmart Parent in Residence



[familysmart.ca](http://familysmart.ca)



## Don't Forget

You can always find school information on our

[Website](#),

[Facebook](#)

[Twitter](#) and

[Instagram](#)

Other links

[PSG Meeting Minutes](#)

[Rooted in Faith](#)

**St. Joseph Catholic  
Elementary School**  
839 Sutherland Avenue  
Kelowna, BC V1Y 5X4

(250) 763-3371

[sjkoffice@cisnd.ca](mailto:sjkoffice@cisnd.ca)

Office hours

M-F 8:30-3:30

Our mission is to foster the development of the total child in spirit, mind and body.

Through Jesus, we encourage the pursuit of excellence in a community of love and respect.