

Principal's Message:



PRAY LIKE THERESE
SERVE LIKE GIANNA
FIGHT LIKE JOAN
LOVE LIKE MARY

Thank you: Students, Parents, and Staff for your time preparing and participating at our, "Bingo for Boston" potluck, bingo and cakewalk event. Our school gym was rocking on September 21st, with energy and love. The food was delicious and the company was lovely! We raised a lot of money for Boston's family on this night. Staff and students also spent a cold Saturday this past September selling lemonade. The profits of the lemonade stand were donated to another local charity event for Boston and his family. It is inspiring to see so many generous children, families, and staff around these parts. God bless all of you, and may we keep praying for Boston and his family.

Saturday, September 30th is **National Day for Truth and Reconciliation**. For this reason, our school is not in session on Monday, October 2nd. Our school visibly recognized this day on Friday, September 29th by wearing orange. Our teachers are working with students in each classroom to explore why this day is so important, as well as learn about Indigenous communities.



We have some new and old fundraising events this month, so please check our PSG Facebook page. Don't miss the dress up days listed on our October calendar!

God Bless,

Vanessa Fer,
Principal

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**New Families
to St. Mary's School**

Akabogu
Neil

St. Mary's School Mass



Friday, October 6th at 9:00 A.M.

Father Harry Clarke is our celebrant

Everyone is welcome to attend!
Mrs. Gallina's
Grade Six class will host

**REMINDER TO
PARENTS:**

NO SCHOOL:

Monday, October 2nd
Truth & Reconciliation Day

Monday, October 9th



Happy Thanksgiving

PRO-D Day:

Friday, October 20th

Non-Instructional Day:

Friday, October 27th

Reminder to Parents:



A number of library books weren't returned last June. Please keep an eye out for library books and bring them in if you find them.

Thanks! Michelle Quinn



Going away? Please let the school know if parents are leaving on vacation and someone else will be looking after or picking up your children. Thank you!

Student, Parent, Teacher Interviews

Your child's teacher will contact you to set a time to discuss your child's progress at school.

This year the school prefers a:

- ✓ Phone call
- ✓ An outside face-to-face meeting
- ✓ An inside meeting only if necessary.

Those present must wear masks.



Is your child too sick for school?



Deciding when your child is too sick for school is not always an easy decision.

Children should not come to school if they are sick and unable to participate fully in routine activities. If you have questions and concerns about your child's health, talk with a qualified healthcare professional.

Keep children at home if they have:

- a fever, and keep them home for **24** hours after the fever is gone away without the help of medication.
- vomiting or diarrhea, and keep them home for **24** hours after the last episode.
- a severe sore throat.
- a rash with no known cause.
- a severe cough especially with other symptoms like a runny nose and headache.
- redness, swelling or discharge of the eyes, ears or skin, unless treated.
- been acting unwell and have little energy to join in school activities.

For questions about your child's health you can:

1. Dial 811 or go to [HealthLinkBC.ca](https://www.healthlinkbc.ca) to speak with a:
 - Registered Nurse 24 hours a day, every day of the year.
 - Registered Dietitian every weekday from 9 a.m. to 5 p.m. PST.
 - Pharmacist every night from 5 p.m. to 9 a.m. PST every day of the year.
2. Contact an Urgent Care, Walk-in Clinic or Doctor's Office.
 - See the reverse page on when to go to the emergency department.



Seasonal Respiratory Illness

As we continue through the fall and winter, we can expect to see more respiratory illness. This is an annual occurrence, but there are measures we all can take to prevent illness and manage symptoms while at home. The most important measures are to get vaccinated, staying home when sick and follow general hygiene measures like hand washing. Here is some information that may be helpful: [It's respiratory illness season](#).

For more information on specific illnesses see: [A Quick Guide to Common Childhood Diseases](#)



PSG October 2023 Newsletter

How are we already a full month into the school year?!! And what a busy month it's been! On September 21st PSG hosted a fantastic **Bingo for Boston and Potluck Night**. A big thank you to all the families that attended and brought so many tasty dishes. We also raised **\$1226 in support of our Grade 6 student Boston Rousselle** and his family!!!

PSG also hosted our Back to School Morning Coffee on the first day of school. This is a tradition that will continue monthly throughout the school year. These coffee times are a great opportunity for catching up and building a warm school community. There's nothing better to break up the morning school run than with a good cup of coffee and a friendly chat with some fellow parents. Our next **PSG Morning Coffee will be on Thursday, October 19th starting at 8:25am.**

Our first hot lunch of the school year was on Friday, September 22nd and it was a delicious success! Don't forget to sign up to help serve on the PSG Facebook page. We usually need around five to six volunteers, and we meet at 12:10pm in the school kitchen. Our **next hot lunch is on Thursday, October 19th and we will be serving Dairy Queen and Domino's**. Please don't forget that the deadline to order and pay is Monday, October 16th at 11:59pm.

One of our next fundraising initiatives will be the great **St. Mary's School Meat Draw!** This always popular initiative raises funds to support the school with fun, community-based activities. And the best part is that you have a chance to win \$500 (1st prize) or \$300-worth of local beef from Take 4 Ranch, owned by our school's very own Niedermayer family. **The draw will be held at the school on Thursday, October 19th.** Tickets will be going home shortly.

PSG held our first meeting on Tuesday, September 12th. We discussed our fundraising plans for the school year, as well as some of the items for which we hope to raise money. Our **next PSG meeting will be on Tuesday, October 10th at 6:30pm at St. Mary's School**. As always, we encourage ALL parents to attend. We welcome any new ideas, suggestions and/or input so please come join us!

Courtney Magro
PSG Chair / Hot Lunch Coordinator



Join us on our St. Mary's School

PSG Facebook page:

St Mary's PSG Info Board

Imminent school info and reminders are posted on this site first!

PSG Current Fundraisers:

PSG is excited to offer a fundraiser new to our school. The Fresh To You Fundraiser is a great way to fundraise with healthy food choices. There are two great bundles available. Orders need to be submitted by **October 18th at 4pm**. Order forms will be going home with students. Payments can be made by cash or cheque at the office or will (soon!) be available electronically for existing St. Mary's families through the Munchalunch site. Produce will be delivered between November 15 and 25; date to be confirmed closer to delivery.

Vincent Photography is back for a photo fundraiser. St. Mary's families looking to get photos can register for a 10-minute session on October 10th or 11th from 3-6 pm. Please note the links for securing spots show free tickets, however, payments will need to be made by cash or cheque at the office or through the Munchalunch site.

For October 10th times:

<https://StMarysOctober10Photos.eventbrite.com>

For October 11th times:

<https://StMarysOctober11Photos.eventbrite.com>

Please limit your sessions to one per student. Any spots still available after October 5th will be first come, first served. If tickets sell out, please reach out to be put on a waitlist.





FACEBOOK (Social Media)



The school recognizes that parents take photos of their children at school events. The school, however, has a responsibility to protect the privacy of all students. Under no circumstances does the school authorize the posting of any photos at St. Mary's events on Facebook unless cleared through the principal.

We ask that all parents respect the privacy of all families at the school and not post photos of our students on Facebook.



Classroom responsibility goals!

Each year classrooms focus on an area of our school to which they will be responsible for.

Kindergarten - Bathrooms

Grade 1's - Back primary playground

Grade 2/3's - Front & side playgrounds & front hill

Grade 3/4's - Indoor recycling

Grade 4/5's - Garden *NEW*

Grade 6's - Sliding hill, parking lots & back of school

We are proud to live our school moto:

"Take Care of: Yourself, Each other, Our School!"





Halloween 2023:



At St. Mary's everyone dresses up on October 31st for the day!

We would like everyone to dress in appropriate costumes – the less props the safer! There will be an informal parade in the gym at 10:00 AM. Adults are welcome to attend wearing masks. This way everyone gets to see the costumes from Daycare to Grade 6! All are welcome to attend!



St. Mary's School Clothing

We have a selection of hoodies for sale and a few winter toques. If you are interested in purchasing one, please contact Mrs. Green at the office.

Colour choices are: royal blue, orange, purple and pink. Sizes are: XL, large, medium and small.



Save-On Foods

If you buy your groceries at Save-On Foods, please tell the cashier that you are from **St. Mary's School**, and they will record your total sales in a binder. The school receives a percentage of all sales quarterly!



There is an aboriginal proverb that says that everyone is a house with four rooms, a physical, an emotional, a mental, and a spiritual. Most of us tend to live in one room most of the time, but unless we go into every room every day, even if only to keep it aired, we are not a complete person.

