

St. Mary's Catholic School November 2023 Newsletter



stmary@shaw.ca / www.stmarysschool.ca

Wednesday, November 1 is known as **ALL SAINT'S DAY** in the Catholic Church. It is a day set aside to commemorate all the people who have been canonized by the church as saints who are recognized for the manner in which they lived their lives. For example, St. Anthony is the patron saint of Lost and Stolen things. If you lose something, ask him to help get it returned. If he does not respond right away it is because he is helping all the middle-aged folks find their car keys and glasses. St. Jude is another good one to know about. St. Jude is the patron saint of hopeless and desperate cases and lost causes. This is a reason many children hospitals are named St. Jude's. Pray to St. Jude when you have no where else to turn.

Thursday, November 2 is the day known as **All Souls' Day**, also known as the Commemoration of All the Faithful Departed and the Day of the Dead. On this day we remember our loved ones who have passed. It is a time to pray and remember the souls of those who have died which is observed by the Catholic Church and many other Christian faiths. Some families have traditions on this day such as having special meals or going to a place that was significant to a loved one, visiting a cemetery, doing an act of kindness for another, donating to a cause in memory of a loved one, or simply having a family discussion about the person in a way that children can come to know how important that person was to their family.

Our school creates a **Wall of Remembrance** each year. Each student may fill out a sheet honoring someone what has passed in their family. The activity is optional. We post all these sheets on the hallway lockers and leave it there for about a week. This ties into our Remembrance Day celebration as we honor our Service men and women who gave or risked their lives for the freedoms we enjoy today. Our school Remembrance Day assembly will be held on Thursday, November 9 at 11 AM. All are welcome to attend.

We encourage everyone to participate. You may fill out as many sheets as you wish. If pictures are included with the Memory sheet, we will return them to you.

In faith,

Vanessa Fer, Principal



We have toques, and youth hoodies from our special order. If you are interested in any of these items, please call the school office as there are limited numbers in stock. These will make great Christmas gifts!

Youth hoodies – blue/orange/purple/sangria: \$34.00 each

(Sizes: Small / Medium / Large / X-Large)

Retro hoodie (extreme): Medium size only - \$39.00 each

Beanie toque / Pom Toque \$22.00 each



I learnt in high school that when a butterfly is struggling to get out of the cocoon and you cut the cocoon to help it out. **The butterfly dies.**

You have to let the butterfly struggle, because the struggle forces blood into the wings, so they can spread them and fly. **The same goes for us.**

The struggles we go through is necessary to make us strong enough to soar through life.



Kerwin Rae

**Remembrance Day Assembly
Thursday, November 9th – 10:50 AM**



All parents are welcome to attend. Students wear black and red. If you belong to Brownies, Girl Guides, Cubs or Scouts please wear your uniforms.

Parents in Police, Fire or Ambulance Services can attend in your uniform.

Keeping the Peace at school and home...thoughts on Shalom environments

Shalom! Children are amazing psychologists. They instinctively know where to find peace: at home, in a classroom, at a neighbor's, or in a favorite sport or activity. They know when adults are too busy for them. They gravitate toward those who listen, those who make time, and those who are less judgemental. They are drawn to those who have time for them. As children get older, friends will fill the above job description if adults fail to nurture these precious relationships. Sometimes we do not let children have adequate independence, preferring instead to micromanage every detail of their day. As the blessing of raising a child is for a very short moment in time, the following may be helpful in deciding how to handle life's challenges:

*Discipline toward a child delivered **without** RESPECT = **Rebellion...no Shalom***

*Discipline toward a child delivered **with** RESPECT = **Relationship...Shalom***



Children will make mistakes and challenge authority. They will test the balance of powers in the home. Every family establishes its own discipline and Shalom in the home. What is paramount is that no matter what, strive to maintain a *Shalom Relationship* with your child...we love our children...sometimes we just do not agree with their actions. At the end of the day, everyone seeks to be loved...even when mistakes are made.

Research now shows that there is less bullying behaviors in a shalom environment.

Who was the Shalom throughout your life?

REMINDER TO PARENTS:

NO SCHOOL:

**Friday, November 10th
Veterans Day**



**Saturday, November 11th
Remembrance Day**

**Friday, November 24th
PRO-D Day**

Smile ☺ Photo Retake Day

Thursday, November 9th

at 9:15 AM

**Wear brightly coloured clothing and
bring your best smile!**



Save-On Foods: If you buy your groceries at Save-On Foods please tell the cashier that you are from St. Mary's School and they will record your total sales in a binder. The school receives a percentage of all sales quarterly!

Thanks for supporting our school!

St. Mary's PSG Update – November 2023

October was another great month at St. Mary's School! The kids finally settled back into their routine and us parents got to take a little breather before we gear up for the always hectic Christmas season! Yes, PSG is already starting to plan some school activities for Christmas!

Coming up is the **Poinsettia and Wreath fundraiser**, coordinated by Jenna Simoes. Online orders can be placed on the Growing Smiles website between now and **Saturday, November 21st**. This is the same company that provided us with the beautiful flower baskets that we sold last spring. **Delivery of the wreaths and poinsettias is set for Tuesday, December 5th**. An info sheet on how to place an order, along with the items being offered, will be sent out via email. Please be sure to spread the news about this amazing fundraiser. Not only is it a great money-maker for our school but the products are AMAZING! Your friends and family will not be disappointed.



The always popular **PSG Christmas Bake Sale** will take place on **Thursday, December 7th**. This is a super fun event for the kids so be sure to mark it on the calendar. Treats are supplied by the parents and are sold to the kids for \$1 each. We usually set up tables for the kids to make their purchases at both morning recess and lunchtime. Look for volunteer signup on the PSG Facebook page in the coming weeks! Please remember that **all homemade baking MUST be made 100% nut-free**.



As per St. Mary's School tradition, the **Annual Last Day of School Before Christmas Pajama Pancake Breakfast** will take place on **Friday, December 22nd**. This amazing event is one of the highlights of the school year and is a great time for both the kids and parent volunteers. More details to come!

Our next **PSG Starbucks Morning Coffee** will be on **Friday, November 17th at 8:25am!** Be sure to stop by for a hot cup of java before you start your day! **November Hot lunch** will also be taking place on **Friday, November 17th** and we will be serving **Subway** and **Domino's Pizza**. As always, please have your order in by 11:59pm on the Tuesday prior. In November, parents of the Grade 3/4 class are encouraged to come help serve hot lunch. Sign up is on the PSG Facebook page and you simply need to arrive in the school kitchen at 12:10pm.

Our next **PSG meeting** will be on **Thursday, November 16th at 6:30pm at St. Mary's School**. If you have never attended a meeting, we promise we don't bite! Please come and join us!

Courtney Magro
PSG Chair / Hot Lunch Coordinator



MARY KAY®
DONNA HOGG
Independent Beauty
Consultant



250-426-5944

dmghogg@gmail.ca

www.marykay.ca/dhogg

The Kootenay Place for
copiers and printers:



250-426-2241 • rmoffice.ca

Servicing Cranbrook, Nelson, Trail, Castlegar, Creston, Elkford,
Sparwood, Invermere, Golden, Radium, Fernie...

Culligan
water & ice

 **beachcomber**
HOT TUBS

FLAMAN
Fitness

"Your Fitness Equipment Headquarters"

Murray D. Floyd
OWNER / GENERAL MANAGER

100 Van Horne Street North
Cranbrook BC V1C 3P3

250.426.2691 (Culligan Water)
250.426.7999 (Beachcomber Hot Tubs)
250.426.7912 (Flaman Fitness)
250.426.5900 (Fax)

Email: murray.cbf@shaw.ca



ROCKIES LAW
CORPORATION

Southeast BC's Law Firm

Marko Maryniak, J.D.

Tel: (250) 342-4447 | Fax: (250) 342-3298
Toll Free 1-866-427-0111

PO Box 2647, 906 - 8th Avenue, Invermere BC V0A 1K0
marko@rockieslaw.com | www.rockieslaw.com

St. Mary's School Mass



Thursday, November 16th at 9:00 A.M.

Father Rex is our celebrant

Everyone is welcome to attend!

Mrs. Merz's Grade Two / Three class will host

A word on **fundraising**: Our school runs several fundraisers. The PSG do so in order to raise additional funds to enhance student activities that fall outside the school budget. School Council runs fundraisers in order to meet the school budget and to keep tuition affordable. If you participate in these fundraisers then we thank you kindly; however, if you simply cannot participate that is okay as well. We try to do fundraisers that align with what people may be buying anyway.